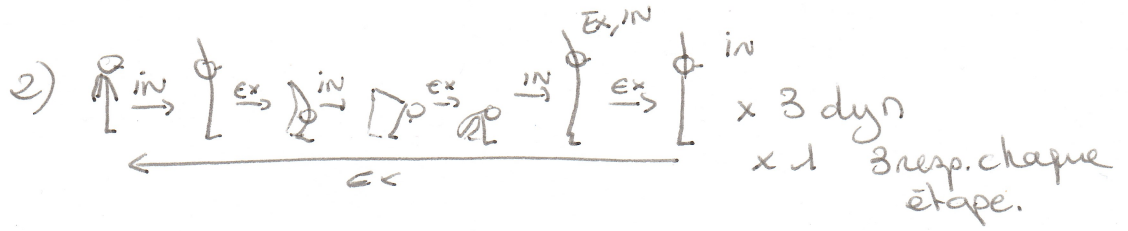
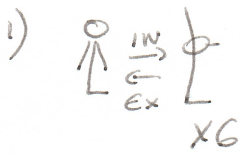
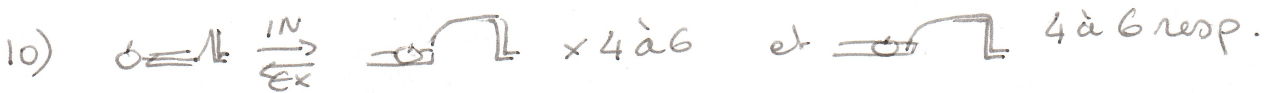
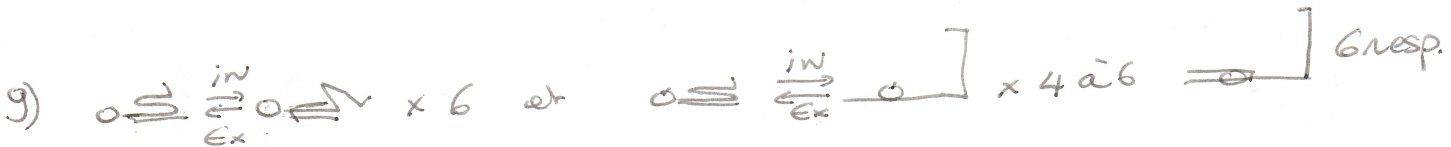
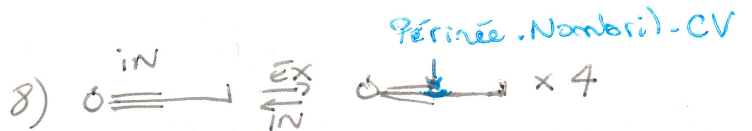
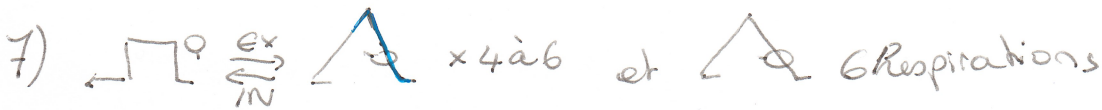
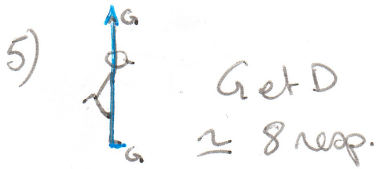
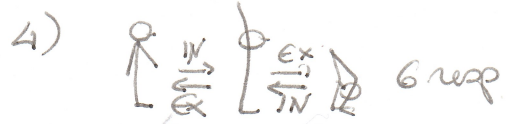
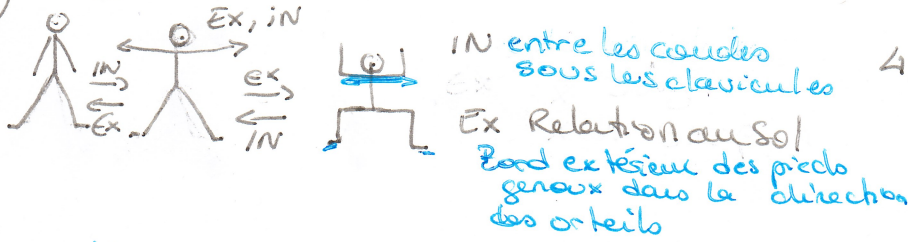


- Observations
- IN  $\rightarrow$  vers le coccyx
- EX  $\rightarrow$  vers le sommet de la tête



3) La Déesse



et Observation du souffle . IN, EX le long de la C.V

